

Week 4: "My testimony is strengthened when I share the gospel."

Identify the Doctrine: I loved this object lesson. Follow the official outline, but do not spend too much time on this because the activity at the end will focus on this concept.

Encourage understanding: Start by reading the story about the little girl sharing her testimony found in the official outline. We also have available for purchase a packet called "What is a Testimony?" This has a wonderful story and graphics that would be good here. After the story is told, read Matthew 7:7. (See attached) Explain that we must actively seek a testimony. There is a great talk entitled "Testimony" by Elder Dallin H. Oaks. He says, "As we desire and seek, we should remember that acquiring a testimony is not a passive thing but a process in which we are expected to *do* something." Tell the children that they are going to "seek out" the 5 items the little girl had a testimony of.

Matthew 7:7
Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.

- Prior to primary, hide the graphics of the 5 items around the room or under chairs. If you want to be an over-achiever, you can roll up the images and place them inside balloons. After you blow up a number of balloons, spread them around the room. Let a child find a balloon with a paper inside. Have the child pop the balloon to reveal what they were "seeking." Side note: Kids love to pop balloons. They will love this activity but you will have to work a little harder to keep them in control.
- Once they find a graphic, have that child tape it to the board under the sign that says "Testimony." (see attached)
- Follow the outline by discussing each item.



Encourage Application:

Prepare beforehand: Bring two different jars filled with water. Place them in the front of the room. Print out the "Testimony" cards. Place in a stack in between the two jars. You will also need your food coloring.

- Split the primary into two groups. (Have you noticed I do this a lot. Maybe everyone should be concerned that I turn everything into a competition. Ha ha)
- Tell the children that the winning team will have the darkest color. (This might be hard to determine the darkest one.)
- Call on one child from the first team.
- Have them read their card. (You will need to help the Jr. primary read theirs.)
- The cards either give them a scenario, or will give them an opportunity to share. Follow the instructions on the card. Each card will instruct them to add a certain number of drops of coloring to their jar.
- Continue as time allows. There are a few blank cards if you wish to copy and make your game longer.



Additional Help: Our "What is a Testimony" packet will be on sale for \$2.25 during October. You have special permission to copy the hand cards and tokens for each child to use during Sharing Time.



You asked your parents to tell you about the Prophet Joseph Smith.

Place 1 drop in the water

Share 3 things you know to be true.

Place 2 drops in the water

Share 5 things you know to be true.

Place 4 drops in the water

Add some questions of your own if you want a longer game.

You sat reverently and listened to Testimony meeting.

Place 1 drop in water

What are 3 things you could develop a testimony of?

Place 2 drops in the water

Can you name 5 things to share in a testimony?

Place 3 drops in the water

You felt the spirit during the opening song because you were thinking about the Savior.

Place 1 drop in the water

You read your scriptures and prayed to know if they were true.

Place 1 drop in the water

What are 3 things you could bear your testimony about?

Place 2 drops in the water

You fell asleep during testimony meeting.

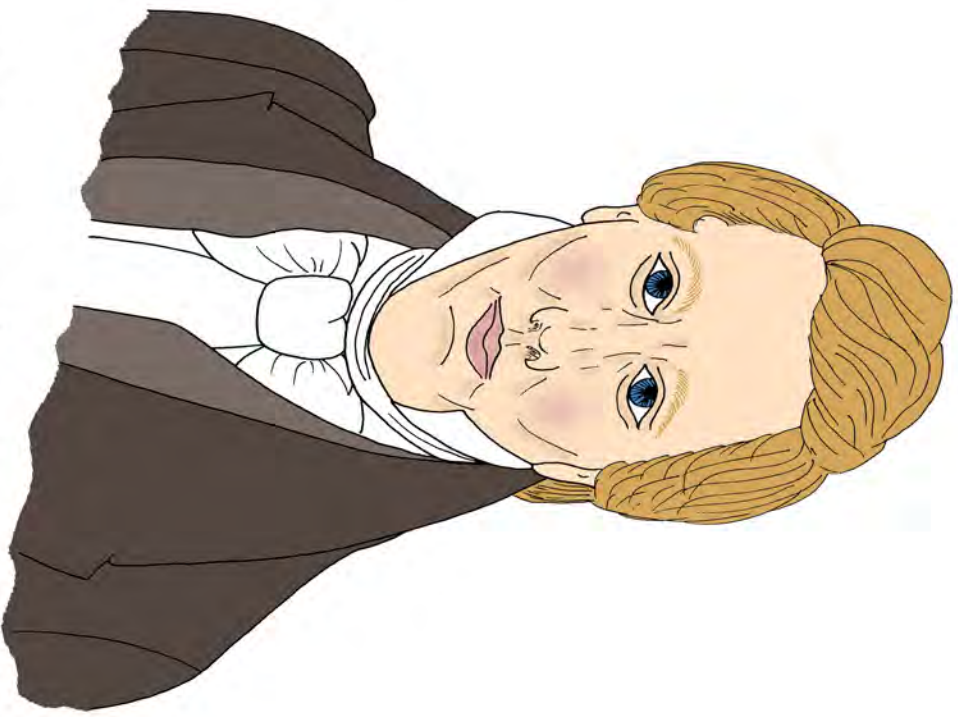
No DROPS

You paid your tithing because you felt like it was the right thing to do.

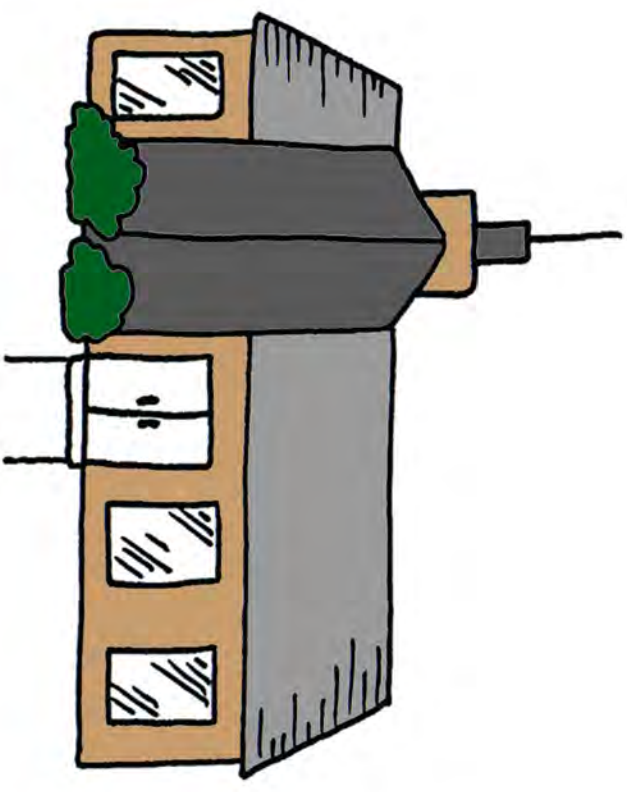
Place 1 drop in the water

You carefully listened to general conference so you could hear the words of the prophet.

Place 1 drop in the water



Joseph Smith



True Church

The Savior

Again, since we have been asked not to use cartoon images of the Savior, I don't have a graphic. It would be best if you could use the one from the Gospel Art Kit.



President Russell
M. Nelson



Book of
Mormon
(and Bible)

Matthew 7:7

Ask, and it shall be
given you; seek, and
ye shall find; knock,
and it shall be opened



unto you:



Testimony

