

# FOR THE STRENGTH OF 'WHO' YOUTH

Developed for 2013 New Beginnings Program in the  
Blodgett Canyon ward in Hamilton, Montana.

The event was a Dr. Seuss adaptation of the YM/YW Theme of Stand In Holy Places. This document was developed with a framework of topics from "For the Strength of Youth" to fit in with the Dr. Seuss flavor, hence the title "For the Strength of Who Youth".



By: Kelly Hudson

# CHOICE &



Life 's about choices, they come and they go, by choosing the right things you ll happiness know.

Right or wrong, were free to choose, if we rebel it s us that lose.

# ACCOUNTABILITY



**You have brains in your head, you have feet in your shoes, you can steer yourself in any direction you chose. You're on your own. And you know what you know. You are the guy who'll decide where to go.\***

**The gift of agency is free but accountable for choices made, are we.**

# DATING



There are girls there are boys, they  
sometimes mingle, and seeing each other may  
cause quite a tingle.

No dating til 15 plus! dont you know, and  
then with some others you always should go.



**Dating is fun and dating is good, just be sure what you do is doing what you should.**

**Social skills and friendship are the name of the game, for finding a mate you should just wait, don't be lame.**

# DRESS &



**Your body, a temple, should be well groomed that s a fact, protect and respect it by dress and by act.**

**When considering what the world says to do, remember - be modest, no piercings, one earring and forget the tattoo.**

# APPEARANCE



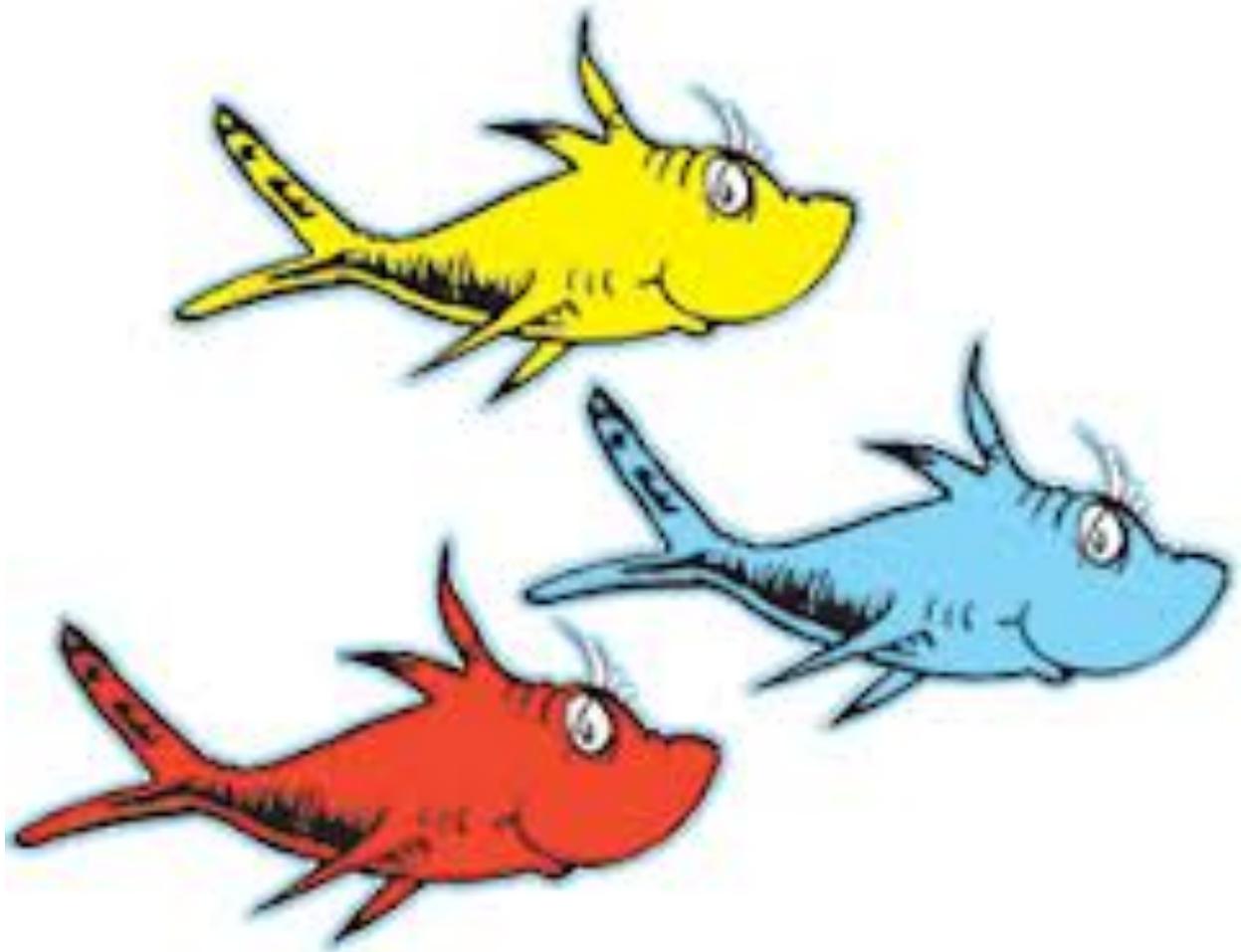
If it's tight or revealing or short or it's sheer, you know you won't feel good from far or from near.

# EDUCATION



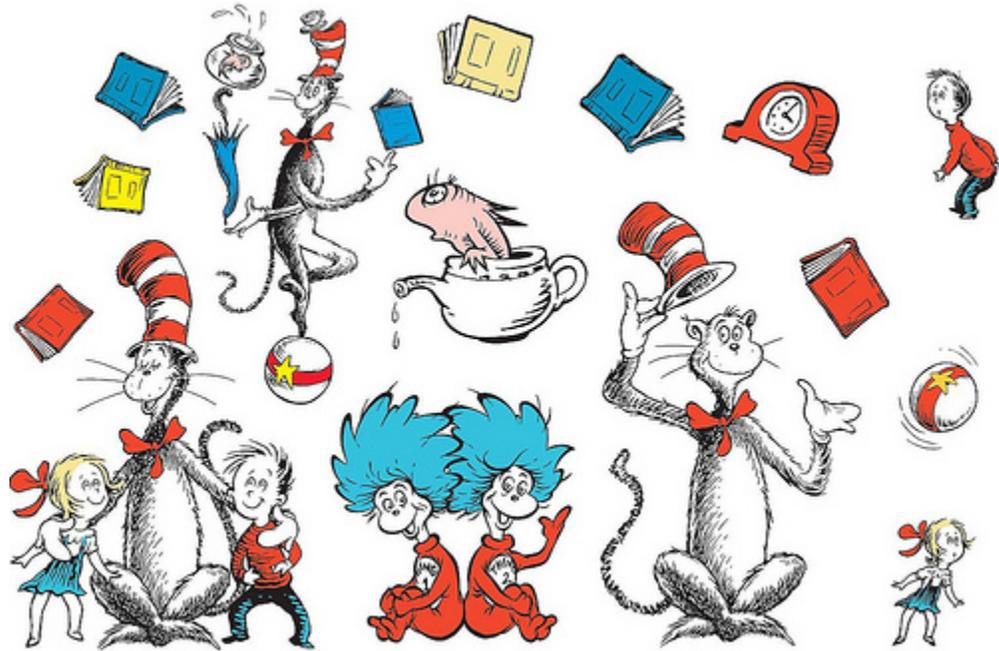
School is for learning, if you have half a brain, you know that the knowing is worth all the pain.

But math and some physics won't fill up the heart, early morning seminary is where you'll be if you're smart.



**If sometimes it feels like you're losing your mind, the Spirit will guide you to what you should find!**

# ENTERTAINMENT

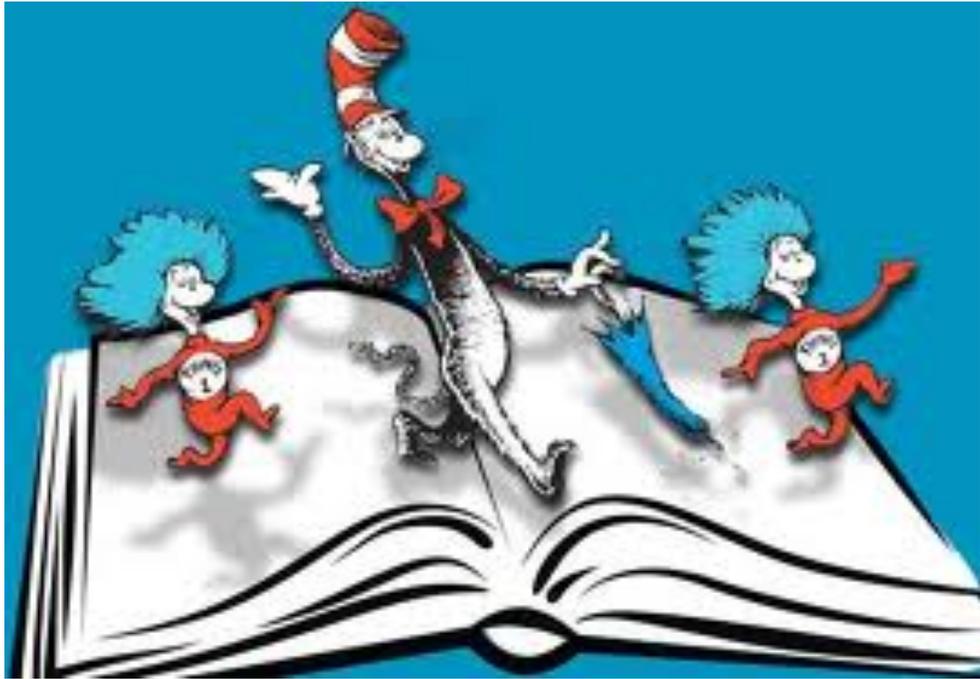


Her Ipad is buzzing, her smartphone is beeping,  
her thumbs are so sore she cannot get to  
sleeping,

Her Facebook is bulging, her friends are all  
waiting, no need to talk, just rely on updating,

Unlimited texting is the plan she selected, it's  
hard to endure if she gets disconnected.

# **& MEDIA**



**All types of media can be used to uplift, inspire, and achieve but remember, remember don't let Satan deceive.**

**No personal contact is needed at all but your Father in Heaven for that nonsense won't fall when in prayer to him you must call.**

# FAMILY



**Family Home Evening is where it's at, even with chaos like Cat in the Hat.**

**Why can your sister make you both glad and feel bad, I do not know, go ask your Dad.**



**T**he sun did not shine.  
It was too wet to play.  
So we sat in the house  
All that cold, cold, wet day.

**No other success can make up the debt, if in  
our own homes by quarrelling we're beset.**

**Honor our parents, that is the law, it helps  
respect God, on whose love we can draw.**

# FRIENDS



Be an example stand your ground, In Holy places  
you'll be found.

To have good friends is a blessing true, to be a  
good friend is up to you.

Friends make life a lot more fun, just make sure  
and pick the right ones.

Always smile, invite, include, seek out the shy and  
don't be rude.

# GRATITUDE



**To please the eye and gladden the heart, His creations are beautiful right from the start.**

**Thank your God for all you have, these really are happy days , you know it s better than when dad had to walk to school uphill both ways!**

**Thank your MOM for all she does you 'll both be happier, just because.**

# PHYSICAL &



Coffee, tea and booze are out, no cigarettes or drugs, no doubt.

We want to walk without a faint and run and not be weary, avoid addiction, get some sleep, eat meat in January!

Eat what's right, and exercise - the danger sports are not so wise.

Getting high is for the birds hear the Wisdom in these Words.

# EMOTIONAL HEALTH



Things will happen, and often do, to youth who are as righteous and committed as you.

I'm sorry to say so but, sadly it's true that bang-ups and hang-ups can happen to you.\* If it's hard, don't get depressed the truth is that you're truly blessed.

And will you succeed? Yes indeed, yes indeed! Ninety-eight and three-quarters percent guaranteed! \*

\* - Direct quote by Dr. Seuss

### President Monson: Oct 2011

Some of you may feel restricted by the code of conduct to which we in the Church adhere. My brothers and sisters, I declare to you, however, that there is *nothing* which can bring more joy into our lives or more peace to our souls than the Spirit which can come to us as we follow the Savior and keep the commandments.

The Lord invites us, Draw near unto me and I will draw near unto you seek me diligently and ye shall find me. <sup>7</sup> As we do so, we will feel His Spirit in our lives, providing us the desire and the courage to stand strong and firm in righteousness to stand in holy places, and be not moved.